

Laissez EVRY soulager la douleur



**EVRY**

## **Oil for Muscle Relief & Rheumatism \***

**EVRY** is a 100 % herbal mixture containing plant extracts & essential oils with pain-relieving properties. **EVRY** possesses a muscle relaxing effect that provides relief to sore muscles after exercise or other intense physical activity. Also relieves discomfort due to strained muscles or sprains.

### **Properties of the plants used:**

- ☼ *Savory* tones and promotes blood circulation.
- ☼ *Peppermint* prevents inflammation, detoxifies, & warms the area.
- ☼ *Myrtle* is an anti-inflammatory that helps relax the muscles.
- ☼ *Lavender* calms & soothes, rebalances any destabilizations in the body, and soothes muscle spasms.
- ☼ *Winter Cherry* or *Indian Ginseng* helps eliminate toxins in the nerve cells, aids the body in adapting to stress and has a sedative effect.
- ☼ *Oregano* tones and stimulates.
- ☼ *Tea tree oil* stimulates the immune system, is useful in soothing aches and has an immediate, deep-penetrating effect.
- ☼ *Lemongrass* has a sedative effect on the nervous system and is an anti-depressant.
- ☼ *Fennel* is anti-inflammatory, antispasmodic, and helps to ease joint & muscle pain.
- ☼ *Lemon* improves circulation, is antispasmodic & healing, and helps fight stress, depression & nervousness.
- ☼ *Cypress* is antispasmodic, improves circulation, and treats rheumatism & cramps.
- ☼ *St. John's Wort* is commonly used in treating depression & anxiety, but it also has antispasmodic & sedative properties, & effectively treats rheumatism, swelling, & cramps.

**Usage suggestions:** Apply a small amount locally and massage to absorption, on areas experiencing pain such as the back, hips, legs. May be repeated 2-5 times a day.

For a smaller area, use **BARKAN**. It is also recommended to use the **NIKUZIT** detox tea, according to its usage instructions.

Not for children aged under 3, or during the first 7 months of pregnancy.

\* Dermatologically tested, not tested on animals, ONLY FOR EXTERNAL USE. Purely herbal ingredients.

**Usage precautions:** As for any product containing essential oils:  
- In case of contact with eyes, rinse thoroughly with water.  
- To test for sensitivity, start by applying a small quantity of the product. In case of abnormal reaction (headaches, persistent redness of the skin, nausea, dizziness) discontinue usage of the product.

<< *The efficacy of Herbs of Kedem products is optimized by the dosage and the synergy of the plants being used* >>

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